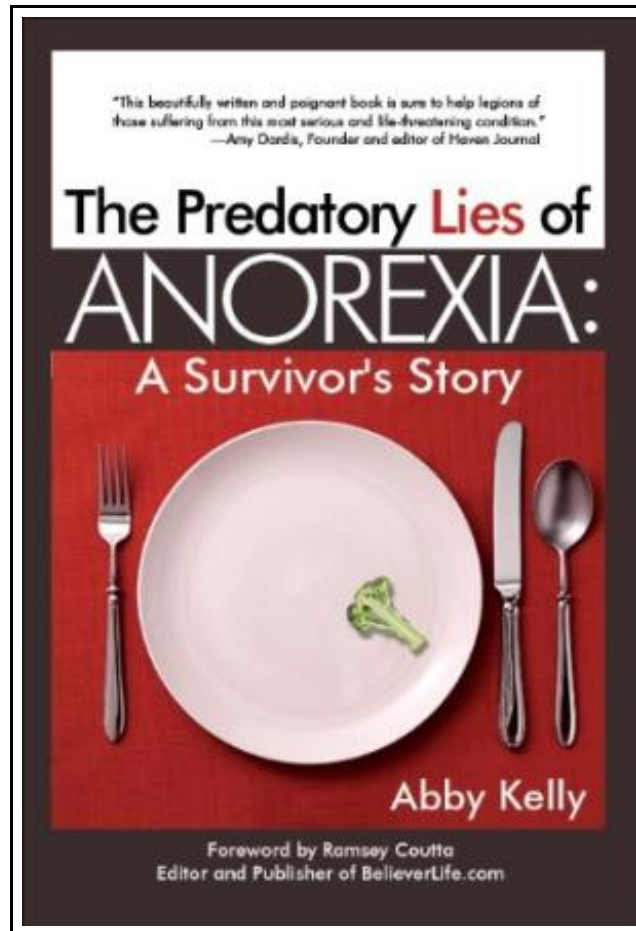


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(Dr. Garnett McLaughlin II)

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Bettie Young s Books, United States, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. . .an intimate portrayal of how anorexia claims its victims . . . I want others to like me, and to see me as focused and disciplined. I want.I want. . . With these words, author Abby Kelly encapsulates the overwhelming struggle of her 15 year bout with anorexia. Beginning in her teenage years, when the predatory lies of the disease took root in her psyche as she felt pressured from family and peers for not being enough, Abby lays bare the reality of anorexia. In her quest for a greater sense of personal power, she concludes I ll be more, but it will be on my terms. Her reasoning is a classic example as to why and how eating disorders dig in and persist as long as they do. From this new self-awareness to make change, she targets her body as the agent to show others that she is disciplined and focused. She sets out to restrict her food intake and adheres to an extreme schedule of exercise. While others close to Abby see a person who is dangerously thin, Abby in fact, derives a sense of personal achievement from obsessively controlling her weight through diet and exercise. In this spellbinding account, Abby exposes the battles, defeats, and ultimate triumph of her battle in combating anorexia-taking the reader on a poignant odyssey from onset to recovery, including how she set out to fool the many who tried to help her-from dietitians to therapists, from one inpatient treatment center after another, and reveals not only the victim s suffering, but that of those who love her. Deeply personal, this raw and passionate story eloquently describes how Abby finally...



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